

Program Statistics

Reporting Period: April 1, 2022- March 31, 2024

Generation Health Clinic is the only publicly funded provincial speciality program offering interdisciplinary care for children living with obesity or overweight and co-morbidities.

The program aims to:

- improve physical/metabolic health outcomes;
- promote health, functioning, and quality of life; and,
- set the stage for healthy living in adulthood.

Inspiring
Healthier
BC Families

Generation Health Clinic has currently **six locations** within the province:

1. BC Children’s Hospital – English Program
2. BC Children’s Hospital – Vancouver Island English Virtual Program
3. Langley Memorial Hospital – Fraser Health English Program
4. Langley Memorial Hospital – Fraser Health South Asian Culturally Adapted Program
5. Richmond Place – Vancouver Coastal Health Culturally Adapted Program in Chinese
6. Kamloops Public Health Unit – Interior Health Virtual English Program

1| Program Reach

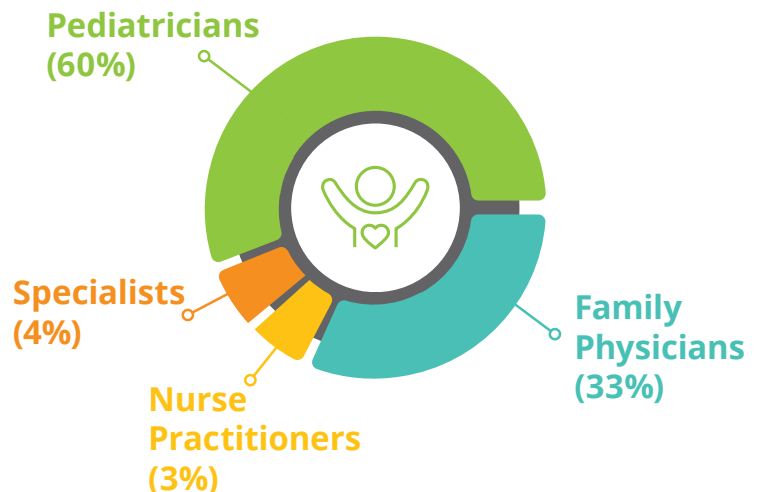
Program Referrals

Referrals were predominantly made by:



1,432
new referrals

April 2022 - March 2024



Intervention



920

interdisciplinary intakes
scheduled



319

families attended
774 individual sessions



575

families invited to
54 different group programs

To support families with complex needs, a subset of families were offered one-on-one support in addition to participation in group program or in lieu of group. Reasons for accessing additional supports included:

Offered adjunct to group

- Behavioural needs: 31.8%
- Physical distance from site: 22.7%
- Learning disabilities: 13.6%
- Readiness support: 13.6%

Offered in lieu of group

- Medical nutrition therapy: 65.0%
- Mental health support: 26.7%
- Readiness support: 15.0%
- Neurodiversity support: 6.7%
- Psychodiagnostic assessment: 3.3%

2| Patient Demographics

Generation Health Clinic sees children aged 6 to 17 years. Between April 2022 and March 2024, children referred to the program had the following characteristics:



Age at Referral

Referrals were approximately-equally distributed across program age categories (i.e., 6-9, 10-12, and 13-17 years). There is a slight increase in referrals during the teen years.

Child age by sex at referral (N = 1387)

Age	Total	Male	Female	Intersex	Unknown
< 6 years	2%	1%	1%	--	--
6-9 years	33%	17%	16%	--	--
10-12 years	27%	16%	11%	--	--
13-17 years	38%	20%	18%	<0.1%	<0.1%

Ancestry

Children attending Generation Health Clinic come from diverse ancestral backgrounds. The majority of children were of non-European and/or mixed ancestry, including Southeast Asian (22.4%), East Asian (12.0%), and Indigenous (9.2%).



Child ancestry (N = 758)

	Total
African/Black	3.3%
Central Asian	1.6%
East Asian	12.1%
European	32.1%
Indigenous – within North America	9.2%
Indigenous – outside North America	0.1%
Middle Eastern	2.6%
South/Central American	4.0%
South Asian	5.5%
Southeast Asian	22.4%
Other	6.6%
Prefer not to say	0.4%

Socioeconomic Status

Families attending Generation Health Clinic represent a range of socioeconomic backgrounds.

Caregiver Education

The majority of parents/caregivers involved with Generation Health Clinic had completed high school (81.8%), of whom the majority had completed some form of postsecondary education (76.3%).

Household Income

Families reported an average annual household income of \$78,141.89 (SD = \$8,489.15).

Annual household income (N = 500)

2022-2023 (N = 310)		2023-2024 (N = 190)	
< \$20,000	5.5%	< \$20,000	6.3%
\$20,000-\$49,999	7.7%	\$20,000 - \$39,999	10.0%
\$50,000-\$79,999	18.1%	\$40,000 - \$59,999	15.3%
\$80,000-\$99,999	16.8%	\$60,000 - \$79,999	10.0%
> \$100,000	33.9%	\$80,000 - \$99,999	8.4%
Unknown	8.1%	\$100,000 - \$119,999	10.5%
		\$120,000 - \$139,999	6.8%
		\$140,000 or greater	16.3%
		Prefer not to say	16.3%

21.0% of families reported experiencing food insecurity

Caregiver Employment Status

The majority of caregivers reported being employed either full-time (68.3%) or part-time (13.8%).